



Save Our Fish Auburn Chapter of Puget Sound Anglers

Next Chapter Meeting:

Wednesday January 22, 2020 - 6:00pm

**Round Table Pizza
4002 A Street SE
Auburn, WA**

Be sure to check out our website: <http://www.saveourfish.org/>
For a complete list of Board Members, please visit the website:
<http://saveourfish.org/board>
Newsletter editor: Dayle Conrad

Up and Coming Activities:

January

22 – General Club Meeting
Speaker: Ryan, BnR Tackle
22-26 – WA Sportsmen's Show

March

7 – CCA Banquet
11 – Board Meeting
25 – General Club Meeting

February

12 – Board Meeting
26 – General Club Meeting
Speaker: Brodie Antipa

April

8 – Board Meeting
18 – Disabled Sportsman Derby
22 – General Club Meeting



President's Message -- Rob Larsen

Happy New Year! It is hard to believe we are into another new decade; wow how time flies. Hope you all had a great Christmas and a Happy New Year. Our Board has a very full year planned filled with interesting speakers, great outings, and many opportunities to help out. If you have an interest, there are open positions on the Board so let a Board member know.

Shane and Dayle Conrad proposed a Northern Pikeminnow trip on the Columbia this summer. Their idea was conservation / fundraiser where we catch the Northern Pikeminnow and then donate the money from the program back to our club. The board liked it and it is planned for August 21st and 22nd, 2020. There may be opportunity for other species but the main focus will be Pike minnow. There will be information about reservations coming soon.

Steelhead returns this year have been dismal so far this year. Let's hope some of the river of origin programs like the Satsop and Wynoochee Rivers produce better than the other programs. Right now the Quinault tribe hatchery programs are producing a few, but even Cook Creek numbers were way low this year. It looks like the ocean survival was poor.

Come learn how to bead fish from an expert at our January meeting. Ryan from BnR tackle will be sharing lots of valuable information to beef up your fishing arsenal. Hope to see you there.

Rob Larsen
SOF PSA President

January Speaker – Ryan, BnR Tackle

BnR Tackle is a Pacific Northwest based salmon and steelhead company owned and operated by brothers Brandon and Ryan with a deep passion in fisheries. "Our focus is on developing unique products in conjunction with some of the top anglers in the industry. Their feedback enables us to provide the products that meet the specific needs of our fisheries. BnR Tackle flagship products are manufactured in-house allowing us to focus on specialized product development of colors and designs specifically tuned to our fisheries. We proudly support focused conservation initiatives and youth introductory fishing programs."

Ryan will be speaking on bead fishing. Come to the meeting and add a very effective method to hook more fish.

Washington Sportsmen's Show 2020

The 2020 Washington Sportsmen's Show hosted by O'Loughlin Trade Shows will be held at the Washington State Fair Events Center (Puyallup Fairgrounds) January 22-26, 2020. Please put it on your calendar now so you don't miss out. Save Our Fish Auburn Chapter of Puget Sound Anglers (PSA) will have a booth again this year.

We will be promoting our SOF Auburn Chapter of PSA, Coastal Conservation Association (CCA), handing out literature, selling our steelhead and salmon jigs, educating sportsmen/women on our fisheries, and answering the many questions from the public. Bring your family/friends/neighbors, etc. and support this event as it is well worth your time.

The focal person for this event is Jim Hand, who is signing up volunteers to represent our chapter at the booth. Jim has a sign-up sheet which includes the days and shifts (typically 4-5 hours, depending on which day & number of volunteers). Volunteers will receive free admission to the show, so it is a great way to save the cost of admission, support our chapter at the booth, and enjoy all that the show has to offer. To sign up or get details call Jim Hand, cell 253-740-0853.

A big thanks to Don Payne, our Sportsmen's Show jig and display board person extraordinaire, who leads the effort and puts in countless hours of time and energy to help make our biggest fund raiser (selling jigs at the show) so successful. Don's efforts to obtain the lead, get the jigs poured, get the heads powder coated, obtain all the materials and organizing the materials into packages for tying the jigs, handing out and tracking the tying of the jigs to the tiers, collecting/packaging the jigs and creating/updating our jig display boards. It's a lot of work and for Don we are very thankful!

Things are moving along with preparations for the jigs. Over 1,600 jigs have been poured thanks to Don Payne, Russ Carver and Carl Carver. Don has ordered and received the jig tying materials and the jig tying will start soon. We have many hundreds of jigs to tie so Don will be getting packages together and getting them handed out so we are ready come show time. Again things are moving right along and Jim and Don will have more information in the next newsletter and at meetings.

Watch the website for more updated info on the show: <https://www.thesportshows.com/shows/washington/>



2020 Board of Directors

Thank you to the volunteers on our 2020 Board of Directors!



CCA Banquet – March 7

Save the date for the CCA 2020 banquet:
Saturday, March 7 at the IBEW Local Hall
in Kent, WA (19802 62nd Ave South)
Doors will open at 4:00 pm and dinner will
start at 6pm. We look forward to seeing you at our 13th Annual CCA Sea Tac Banquet.



Thank you for your past support of CCA's Sea Tac banquet! CCA's advocacy success is only possible because of commitments made by people like you. Great food, drinks and auction items ranging from guided fishing trips to fine artwork make for a memorable and fun filled evening.

If you would like to purchase tickets, reserve a family or corporate table for eight, donate goods or services, or discuss sponsorship opportunities, contact Earl Betts at 253-797-8400 or at earlebetts@msn.com

We look forward to seeing you again at the banquet March 7, 2020!!

Thank you for your support

Earl Betts

Banquet Chair 

Tip of the Month

from Greg Hindman

This is a pretty short and sweet tip for curing your fish roe to eat that I got and have used from a Sushi Chef in Mercer Island.

First, remove the roe for your fish and immediately put on ice. Prepare the below before you go so that it will be ready when you get back with your roe.

Use 2 to 1 soy to Sake and bring to boil cooking of the alcohol.

Cool in refrigerator.

Prepare your roe in servable portions.

Soak roe in solution up to about 3 hours.

Enjoy!

Northern Pikeminnow Club Fundraising Outing

August 21-22

You can help save salmon and get paid to do it by going fishing! The Northern Pikeminnow Sport-Reward Fishery Program, funded by the Bonneville Power Administration, is in effect annually on the Columbia and Snake rivers from May 1st through September 30th. Anglers are paid for each Northern Pikeminnow that they catch that is 9" or larger total length, and the more you catch, the higher the reward. Rewards begin at \$5 for the first 25 Northern Pikeminnow caught during the season. Anglers are paid \$6 for each fish from #26-200, and \$8 for every fish caught over 200. Anglers are paid \$500 for specially tagged Northern Pikeminnow! Cathlamet was the top location for the most Northern Pikeminnow caught in 2018 and 2019.

Northern Pikeminnow is a native species that eats millions of salmon and steelhead juveniles each year in the Columbia and Snake river systems. The goal of the Pikeminnow Program is not to eradicate Northern Pikeminnow, but rather to reduce their average size by removing 10-20% of the larger fish from their population. Reducing the number of larger Northern Pikeminnow and thus shrinking the average sized fish can greatly help salmon and steelhead make it to sea since smaller sized Northern Pikeminnow eat less smolts than larger fish.

Since our club is named SOF (Save Our Fish), it only makes sense to help save salmon. The money you get paid for the fish can be donated to the club to help pay for the many projects and derbies we do throughout the year. Our club outing is planned for August 21-22 with a potluck on Saturday. We have the picnic area at the Elochoman Slough Marina reserved for the day. If you want to come on Friday and spend the night, there are a variety of lodging choices – RV, dry camping, yurts, and cabins. The daily boat launch fee is \$10. There is also lodging at the Hotel Cathlamet in beautiful downtown Cathlamet.

See the fee schedule below. It is advisable to make your reservations as soon as you decide to attend the outing since Cathlamet is a busy place in the summertime! You can make reservations online at www.cathlametmarina.org or call the office at 360-795-3501.

As a special bonus Eric Winther, director for the program, will be our speaker at the May meeting. He will also have a seminar at the Sportsmen's Show on Thursday January 23rd and Saturday January 25th.

For more program information: www.pikeminnow.org/

If you have any questions, call Shane Conrad (landline) 360-849-4652

ELOCHOMAN MARINA RATES

Rv, Dry Camping, Cabins, Yurt and Moorage

		2020
RV Hook-ups in season	Per night	\$32.00 **
	Per week	\$210.00 **
		<u>March-Nov</u>

Seasonal Monthly RV \$410.00*

Rate Not Available In March-April-July-August

DIKE-STORAGE-BBQ

Dry Camping	Daily	\$25.00 **
	Weekly	\$130.00 **

WESLEY-RIVERVIEW

Dry Camping	Daily	\$18.00 **
	Weekly	\$110.00 **

* Price includes Leasthold Tax 12.84%

** Price includes Hotel Tax 9.6%

Dry Camp Additional Tent	\$5.00
Dry Camp Additional Parking	\$5.00
RV Dump	\$8.00

CABINS

ONE NIGHT	Small	\$85.00*
	Small	\$90.00*
	Large	\$100.00*
ONE NIGHT	Large	\$105.00*
Yurts		\$45.00*

NO PET OR SMOKING IN CABINS

\$100.00 FEE WILL BE CHARGED

Weekly Cabin & Yurt 6 for the price of 5 nights

Weekly Cabin & Yurt 7 for the price of 6 nights

* Prices do not include Hotel Tax

TRANSIENT MOORAGE RATES

0-19'	\$12.00
20-29'	\$14.00
30-39'	\$16.00
40' +	\$18.00

Monthly Transient Rates

20"	\$140.00*
21' +	\$150.00*
31' +	\$170.00*

Daily Electric Fee	\$8.00
Launch Fee	\$10.00
Annual Launch Permit	\$70.00

* Price includes Leasthold Tax 12.84%

Cancellation fee/non refundable \$30.00

Website: cathlametmarina.org

360.795.3501

360.200.3500

Raffle News

January 2020 Raffle News

I hope everyone had a great and happy holiday season. The weather has been a bit of a challenge lately, but as the rivers are dropping ya'all need to get out and do some fishing. If you attend this month and enter the raffle you may be able to win a North Fork Custom rod. I haven't picked it out yet but promise you will love the choice. I will also have a new Pen Spinning reel up for grabs and another remaining PSA hat to boot. As usual, we will have a member only drawing for 10 raffle tickets and the final ticket drawn will pick one knife from a great assortment of styles and brands. As an FYI, we are completing the design of some new hats and may have them available at next month's meeting.



Like every month, we have a few hats available for \$15

Thanks for reading and I'll see you all at the meeting!

We NEED Donations!!!!!!!!!!!!

Make sure to bring a friend and spread the word about the great items and games we are offering up! ☺
Contact me with any raffle related questions at GregHindman@Comcast.Net

Visit Our Website

The website has the recipe of the month, links to our sponsors, and a year's worth of past newsletters. There is a new link on the Hogpen web page to submit photo's for the Hogpen, which will provide the pictures for the Newsletter, Website, and Christmas Banquet.



Let us know what you think of the new design! www.saveourfish.org



Save Our Fish Facebook Page

The Save Our Fish [Facebook page](#) is a Public Group currently with 36 members. If you are on Facebook and haven't requested to join the group, now is your chance.

Let's see how many members we can get this year! This is a great way to get club information. It can also be used to connect with other members to fill an empty seat in the boat, see where other members are fishing (if they are willing to share), or post videos, photos, or other fishing and conservation interests.



Please be courteous during the meeting

Take your conversations outside the meeting room or hold them until the break so that others can hear whoever is speaking.

Thank you!

Membership – New and Renewals – **SAVE \$5**

It is time to renew your SOF membership. You can pay by mail or online at <http://www.saveourfish.org/Membership/Membership.htm>.

The membership form is attached at the end of this newsletter or you can contact our member chair, Rich Gregory, at rwgav8@hotmail.com.

Click here to pay: https://www.paypal.com/donate/?token=FIZb14yBeNX1SNG80QYPNONcJJjwgtgiJxdurg11BSvD-4EIX_IssRDmduLv7mgOlg4MR0

Use the **“Donate with a Card”** option if you don’t have a Paypal account.

You will get an email confirmation/receipt after you complete the payment process. Make sure you fill in your email address!

Here’s what the top of the form looks like. **Click the \$ sign to fill in your amount then click the + sign on the “Add special instructions” and tell us what you are paying for. Example: 2020 dues for Greg Hindman.**

Here’s what the top of the form looks like:

Donate to
Save Our Fish

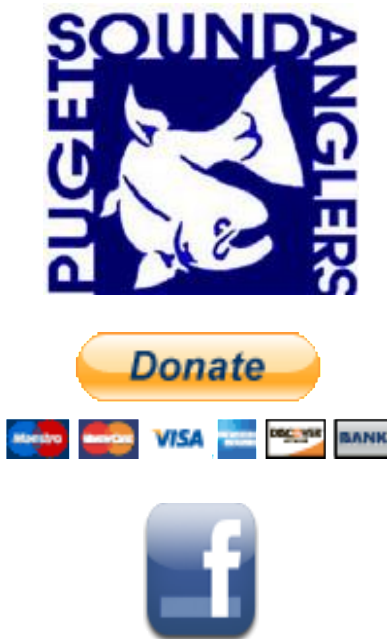
\$

USD

 Add special instructions to the seller:

You can also get to this Donate link via our main web site <http://www.saveourfish.org/>

It looks like the below:



The membership form is available online <http://www.saveourfish.org/membership.pdf> and at the end of this newsletter.

Save Our Fish PSA Hats for Sale

Now you can proudly advertise your PSA chapter. Hats are embroidered with a colored PSA logo on the front and Save Our Fish stitched on the back.

Quantities are limited, so bring your money and get yours at the next meeting. \$10



FOR THOSE THAT HAVE
NEVER SEEN A
CATFISH !!



Member Classifieds

Do you have any items in the garage that have just been collecting dust over the years? Maybe a fishing pole that you just don't use anymore. Why not sell it to a fellow member in the new classifieds section? Send a brief description of the item you would like to sell and photo if available to sof.psa@hotmail.com and we will include it in the next issue of the newsletter.

If you have a website or product you would like to share, please send the information to:
Sof.psa@hotmail.com

SOF Sponsors

[Auburn Sports & Marine](#) – Kids derby, rod donations, gift certificates



[Bass Pro Shops](#) –



[Big J's Outdoor Store](#) – Carbon River Cleanup



[City of Orting](#) – Carbon River Cleanup



[Gamakatsu](#) – Jig hook donations



[Los Pinos Mexican Restaurant](#) – Carbon River Cleanup



[Walmart](#) – \$1,500 Grant



[King Salmon Marine](#) – Kids fishing derby donations



[Silver Horde](#) – Raffle donations



[Sportsman's Warehouse](#) – Federal Way Kids Derby donations



[Debi Gregory](#) – Christmas Banquet Donations



[Washington Sportsmen's Show](#)



[Round Table Pizza](#)



Hog Pen

Do you have a picture from your latest fishing adventures? Be sure to send it, with your descriptive caption to sof.psa@hotmail.com for your chance to have it be featured in the Hog Pen.



Carl, Hal, and Rob on a very muddy Salmon River

Recipe of the Month

Creamy Garlic Tuscan Salmon With Spinach and Sun-Dried Tomatoes

♥ eatwell101.com/creamy-garlic-tuscan-salmon-recipe

Christina Cherrier



sun-

Creamy Garlic Tuscan Salmon With Spinach and Sun-Dried Tomatoes – Smothered in a luscious garlic butter spinach and dried tomato cream sauce, you won't believe how easy, fast and simple it is to cook salmon this way! These deliciously seasoned, **Tuscan salmon filets** are juicy and tender on the inside with perfect crisp edges. You'll never want a regular **salmon recipe** again after trying this one!

Ingredients

- 3-4 salmon fillets
- 2 teaspoons olive oil
- 2 tablespoons butter
- 5 cloves garlic, finely diced
- 1 small yellow onion, diced
- 1/3 cup (80ml) vegetable broth
- 5 ounces (150g) jarred sun-dried tomato in oil, drained of oil
- 1 3/4 cups heavy cream
- Salt and pepper, to taste
- 3 cups baby spinach leaves
- 1/2 cup grated Parmesan
- 1 tablespoon fresh parsley, chopped

Directions

1. Heat the oil in a large skillet over medium-high heat. Season the salmon filets on both sides with salt and pepper, and sear in the hot pan, flesh-side down first, for 5 minutes on each side, or until cooked to your liking. Once salmon filets are cooked, remove from the pan and set aside.
2. In the same pan, melt the butter in the remaining cooking juices leftover. Add in the garlic and fry until fragrant (about one minute). Add onion and stir fry until translucent. Add the sun-dried tomatoes and fry for 1-2 minutes so they release their flavors. Finally, pour in the vegetable broth, and allow the sauce to reduce down slightly.
3. Reduce heat to low, add the heavy cream, and bring to a gentle simmer, while stirring occasionally. Season the cream sauce with salt and pepper to your taste.
4. Add in the baby spinach and allow to wilt in the sauce, and add in the parmesan cheese. Allow cream sauce to simmer for a further minute until cheese melts through.

5. Add the grilled salmon filets back into the pan; sprinkle with the parsley, and spoon the sauce over each filet. Serve the **creamy garlic Tuscan salmon** over steamed veg or cauliflower rice for Keto dieters, or rice or pasta for non-Keto. Enjoy!

Note: You can add a dash of white wine to the sauce for more flavor, instead of or along with the vegetable broth.



Save Our Fish Chapter

www.saveourfish.org

2020 MEMBERSHIP FORM

APPLICANT INFORMATION

Name:		Date:
Current address:		
City:	State:	ZIP Code:
Primary Phone (Home, Cell, Work <i>Please circle</i>):		
Alternate Phone (Home, Cell, Work <i>Please circle</i>):		
Email Address:		
Sponsor:		

MEMBERSHIP

Membership is for the 2020 calendar year. **Dues paid through January 31, 2020 are at rates shown below, reduced by \$5.00.** Dues paid after February 1, 2020 will be at the full annual rates shown below. Contact Rich Gregory at 253-209-0586 or sof.psa@hotmail.com if you have any questions.

MEMBERSHIP SELECTION

<input type="checkbox"/> New Membership	<input type="checkbox"/> Membership Renewal
Adult: 18-61 – annual dues \$30	
Family: heads of household and all other family members younger than 18 – annual dues \$40	
Juvenile: 17 and younger – annual dues \$15	
Senior: 62 and older – annual dues \$20	

PAYMENT

☐ Cash ☐ Check ☐ Roster ☐ TRN ☐ Email

Please check appropriate membership selection above, complete form, and bring to meeting or mail with check to:

**Save Our Fish
c/o Rich Gregory
2822 208th Ave E
Lake Tapps, WA 98391**