

Honey Steelhead Trout



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Prep time: 10 mins
Cook time: 15 mins
Ready in: 25 mins

Ingredients

- 1 pound steelhead trout fillets
- 1/3 cup honey
- 2 tablespoons mesquite seasoning
- 1 teaspoon ground black pepper
- 1 teaspoon seasoned salt (such as LAWRY'S(R))

Directions

1. Preheat oven to 450 degrees F (230 degrees C). Line a baking sheet with aluminum foil.
2. Place trout, skin-side down, onto the prepared baking sheet. Cover trout with honey and sprinkle mesquite seasoning, black pepper, and seasoned salt over honey. Press honey and seasonings into trout using a fork.
3. Bake in the preheated oven until fish flakes easily with a fork, 15 to 20 minutes.

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