



## Save Our Fish Auburn Chapter of Puget Sound Anglers

### Next Chapter Meeting:

**Next Meeting Date November 20, 2024  
6:00pm  
Trotter's Restaurant  
825 Harvey Rd, Auburn**

Be sure to check out our website: <http://www.saveourfish.org/>  
For a complete list of Board Members, please visit the website:  
<http://www.saveourfish.org/Board/board.htm>  
Newsletter editor: Dayle Conrad

### Up and Coming Activities:

#### November

**20 – General Club Meeting 6:00pm**  
Speaker: Scott Cattel

#### December

**7 – Christmas Party 6:00pm**  
**11 – Board Meeting 7:00pm**

#### January

**8 – Board Meeting 7:00pm**  
**22 – General Club Meeting 6:00pm**

#### February

**12 – Board Meeting 7:00pm**  
**26 – General Club Meeting 6:00pm**



## President's Message -- Rob Larsen

As we move to the holiday season, I would like to encourage everybody to reach out to those that may be less fortunate or lonely and see how we may be able to bring them joy and brighten their Christmas season.

2024 has been nothing short of amazing when it comes to salmon fishing. With favorable ocean conditions, we have seen some amazing opportunities. Our rivers are still full of fish and, weather permitting, there should be opportunities through the end of the year. In addition to salmon, we should be enjoying steelhead fishing on the Chehalis system this year. I have spent a significant amount of time with Mike Scharpf and he is recommending a steelhead opening in December, January and February on the Chehalis, Skookumchuck, Satsop and Wynoochee Rivers this coming season. Let's just hope that the co-managers agree.

I am pleased with some younger faces showing up to our meetings. Thanks to those of you for inviting them out. Please continue to invite guests to our meetings and Christmas party. It also wouldn't hurt to remind friends you have who are members, but have not been out to a club meeting in a while.

Please think about who you would like to receive this year's Founders Award and come prepared to submit the one you feel deserves it most. I look forward to seeing you a week early this month due to Thanksgiving.



Tight Lines,

Rob Larsen  
SOF PSA president

## November Speaker: Scott Cottel

Juneau has a spectacular run of large Coho that is easily accessed without a boat or guide. The November meeting presentation will provide the when, where and how to participate in this freezer-filling fishery.

These quality Coho are returning to the DIPAC hatchery in Juneau and have a daily limit of 6 fish. The logistical information for dealing with your catch will be provided.

# Election of Officers for 2025 & Board of Director Openings

We will be electing our officers for 2025 at our November 20th meeting. If you would like to run for an office or nominate someone for President, Vice President, Secretary or Treasurer this is your opportunity. We have an excellent board of directors and there is considerable experience, knowledge, and support to help new officers transition if elected.

Being a board member is a great way to prepare for one of the offices as well. We meet the 2nd Wednesday of the month via Zoom at 7pm. Some of the business we conduct is review minutes from previous meeting, membership status, financial status, monthly speakers, raffle status, Newsletter, Website, Events, Outings, Projects, Coastal Conservation Association (CCA) status, and new business

## Founders Award

The Board of Directors established the Founders Award to recognize the member that has gone above and beyond the “call to help with the club”. The first annual award was given to the founding fathers of the Save Our Fish (SOF) Chapter of Puget Sound Anglers. The board of directors will begin accepting nominations for this year’s award at the October general meeting. There will be ballots and a secure ballot box at the meeting. If, for some reason, a member is not able to vote by ballot at the October meeting they may send a nomination to Rob Larsen by email ([topfishingguy@gmail.com](mailto:topfishingguy@gmail.com)) up to the day before the November 13<sup>th</sup> board meeting. It will be placed in the ballot box. The winning member will be chosen by the board of directors.

### Criteria for nomination of a member:

- Participation in chapter activities
- Hard work for the chapter
- Support of fellow members
- Goes above and beyond what is expected
- Takes initiative to further chapter goals/objectives

The nomination must have a brief explanation of why the member is being nominated, as the board of directors must have an understanding of why this member is being considered for this award. There will be space on the ballot for this explanation.

**This process will not be by voice vote on the floor. A ballot must be presented to the board.** The board will make the decision at the November board meeting and present the award at the December 7th meeting, which will also be the Christmas dinner party.



Russ Carver receives Founders Award 2023



## Save the Date! Christmas Banquet December 7<sup>th</sup>

This year's Chapter Christmas Party will be held December 7<sup>th</sup> at the **Swiss Sportsman Club located at 9205 198<sup>th</sup> Ave E, Bonney Lake, 98391.**

Doug Williams is our party chairman and will bring signup sheets and discuss this event at our October and November meetings. Sign-up will be for attendance, potluck dish and other various duties. Our chapter will provide the turkey, ham, water, coffee, soft drinks, wine and beer. Each member should bring a dish to share for the supper.

Please bring all items for the silent auction to the facility as early as possible. Donations of items other than fishing gear are encouraged to keep our non-fishing family members interested.

We will have a Smoked Salmon contest again this year. Bring your favorite recipe for tasting. Everyone will have an opportunity to vote on the best recipe and a prize will be awarded by the club.

We are also asking everyone to bring a special lure to hang on the "Lure Tree" which will be displayed in the hall. Everyone will be given a ticket and there will be a drawing for the Tree after dinner. Bring lures worth about \$5.00 to make it a special gift. Doug Williams will be in charge of this project and will be giving out the tickets that evening.

We had a great turnout last year and it was a special time of celebration with our chapter members and their families. It is truly the highlight event of the year full of fun, joy, fellowship, and fantastic food. Come join in and enjoy this year end event.

## Photos Needed for Christmas Banquet



Send your fishing pictures to Rich Gregory ***by November 20th to be included in the slide show!*** You can bring your electronic photos to the club meeting via USB drive identified with your name, or you can send them electronically via email to Rich at [sof.psa@hotmail.com](mailto:sof.psa@hotmail.com).

## Tip of the Month – Float Fishing Tips From Rob Larsen

Use 8 1/2 to 12 foot rod, good braided line, around 30 pound test works well on 3000 series spinning reel. I like to use the top shot at least 5 or 6 feet long of 15 or 20 pound test fluorocarbon line. Join the fluorocarbon and braid using an Allbright or a double Uni knot. If you do not know how to tie either of those you can find them on YouTube.

It is very important to properly dress your braided line so that it floats on the top of the water creating minimum drag. I like to use beeswax but any good floating line dressing will work. Having a properly dressed line allows you to mend the line and have a little to no drag on your float. This makes the fisherman much more successful. Another key to success is that your weight and your float are properly matched. (So if you are using three-quarter ounce float you want to use a three-quarter ounce weight). I like to use a sliding float unless I'm fishing extremely shallow water, in which case I prefer it fixed float.

These principles apply whether using a jig, beads, worm or floating bait.

## **PNW Best Life**

From Rob Larsen: I want to ask each of you members to read this and think about it.

Kyle Towle does a great job of explaining a lot about our stewardship and things that we need to do in regards to interacting with people when we are hunters and fishers. If we're not careful with the small number of hunters 5% and fishers 8% in the state, we could easily lose what we have if we don't manage our stewardship.

Click this link --

<https://pnwbestlife.com/what-is-the-pnw-best-life/>

## **Raffle News**

### **November 2024 Raffle News**

This month's raffle will feature a Penn boat rod. It's a 7' one piece rated for 15-30lb line. I've fitted it with a Shimano TR 1000 lever drag Charter Special reel. The rod is brand new, but the reel is used in good shape.

There will be plenty of other items to choose from..... spoons, spinners, plugs, jigs, files, knives, etc., etc.

Hope to see you all at the meeting.

Bob Holzberger

206-890-7066



## Visit Our Website

The website has the recipe of the month, links to our sponsors, and a year's worth of past newsletters. There is a new link on the Hogpen web page to submit photo's for the Hogpen, which will provide the pictures for the Newsletter, Website, and Christmas Banquet.

[www.saveourfish.org](http://www.saveourfish.org)



## Save Our Fish Facebook Page

The Save Our Fish [Facebook page](#) is a Public Group currently with 69 members. If you are on Facebook and haven't requested to join the group, now is your chance.

**Let's see how many members we can get this year!** This is a great way to get club information. It can also be used to connect with other members to fill an empty seat in the boat, see where other members are fishing (if they are willing to share), or post videos, photos, or other fishing and conservation interests.

## Membership – New and Renewals

Thank you everyone that have paid your membership dues for the 2025 year. **Pay by February 28<sup>th</sup> and save \$5!** For those of you who have not yet paid, it's not too late. Memberships can be paid online, at any SOF meeting, or by mail to the address at the bottom of the SOF membership form. Contact Rich Gregory if you have any membership question.

You can pay by mail or online at <http://www.saveourfish.org/Membership/Membership.htm>.

The membership form is attached at the end of this newsletter or you can contact our member chair, Rich Gregory, at [rwgav8@hotmail.com](mailto:rwgav8@hotmail.com).

Click here to pay: [https://www.paypal.com/donate/?token=FIZb14yBeNX1SNG80QYPNONcJJjwgtgJxdurg11BSvD-4EIX\\_IssRDmduLv7mgOlg4MR0](https://www.paypal.com/donate/?token=FIZb14yBeNX1SNG80QYPNONcJJjwgtgJxdurg11BSvD-4EIX_IssRDmduLv7mgOlg4MR0)

Use the “**Donate with a Card**” option if you don't have a Paypal account.

You will get an email confirmation/receipt after you complete the payment process. Make sure you fill in your email address!

Here's what the top of the form looks like. **Click the \$ sign to fill in your amount then click the + sign on the “Add special instructions” and tell us what you are paying for. Example: 2018 dues for Greg Hindman.**

Here's what the top of the form looks like:

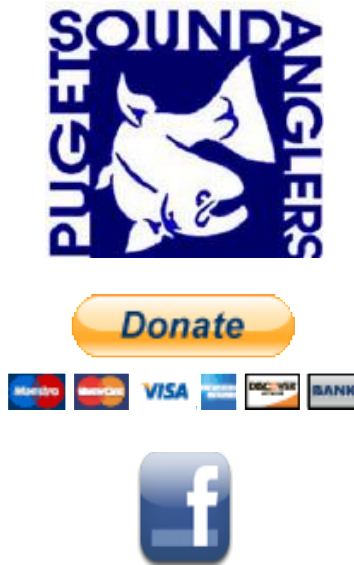
Donate to  
Save Our Fish

\$  
USD

[+](#) Add special instructions to the seller:

You can also get to this Donate link via our main web site <http://www.saveourfish.org/>

It looks like the below:



The membership form is available online <http://www.saveourfish.org/membership.pdf> and at the end of this newsletter.

## Save Our Fish PSA Hats for Sale

Now you can proudly advertise your PSA chapter. Hats are embroidered with a colored PSA logo on the front and Save Our Fish stitched on the back.

New merchandise coming soon!





## **Member Classifieds**

Do you have any items in the garage that have just been collecting dust over the years? Maybe a fishing pole that you just don't use anymore. Why not sell it to a fellow member in the new classifieds section? Send a brief description of the item you would like to sell and photo if available to [sof.psa@hotmail.com](mailto:sof.psa@hotmail.com) and we will include it in the next issue of the newsletter.

**If you have a website or product you would like to share, please send the information to:**  
[Sof.psa@hotmail.com](mailto:Sof.psa@hotmail.com)



# SOF Sponsors

[Auburn Sports & Marine](#) – Kids derby, rod donations, gift certificates



[Bass Pro Shops](#) –



[Big J's Outdoor Store](#) – Carbon River Cleanup



[City of Orting](#) – Carbon River Cleanup



[Gamakatsu](#) – Jig hook donations



[Los Pinos Mexican Restaurant](#) – Carbon River Cleanup



[Walmart](#) – \$1,500 Grant



[King Salmon Marine](#) – Kids fishing derby donations



[Silver Horde](#) – Raffle donations



[Sportsman's Warehouse](#) – Federal Way Kids Derby donations



[Washington Sportsmen's Show](#)



# Hog Pen

Do you have a picture from your latest fishing adventures? Be sure to send it, with your descriptive caption to [sof.psa@hotmail.com](mailto:sof.psa@hotmail.com) for your chance to have it be featured in the Hog Pen.



Carver Brothers  
and club members  
enjoy a great day on the  
water with Cary Hofmann



Rob and Tim  
Coho on Chehalis

# Recipe of the Month

## Blackened Salmon Stuffed with Spinach and Parmesan Cheese

from Dari Canela's Facebook post

### Ingredients:

- 4 salmon fillets (skinless, about 6 oz each)
- 2 cups fresh spinach
- 1/2 cup cream cheese, softened
- 1/3 cup grated Parmesan cheese
- 2 garlic cloves, minced
- 1 tablespoon olive oil
- 1 teaspoon paprika
- 1/2 teaspoon garlic powder
- 1/2 teaspoon onion powder
- 1/2 teaspoon black pepper
- Salt to taste
- Lemon wedges for serving

### Directions:

1. Preheat the oven to 375°F (190°C).
2. In a pan, heat 1 tablespoon olive oil over medium heat. Add minced garlic and spinach, cooking until wilted. Remove from heat and mix in the cream cheese and Parmesan until well combined. Set aside.
3. Slice each salmon fillet horizontally to create a pocket, being careful not to cut all the way through.
4. Stuff the salmon fillets with the spinach and cheese mixture.
5. In a small bowl, mix paprika, garlic powder, onion powder, black pepper, and salt. Rub the seasoning blend over the tops of the salmon fillets.
6. Heat a skillet over medium-high heat and sear the salmon for 2-3 minutes on each side until the tops are blackened and crispy. **\*\* (Editor's note: when we made this recipe, we blackened the salmon first and then stuffed them) \*\***
7. Transfer the salmon to the oven and bake for 10-12 minutes until cooked through.
8. Serve with lemon wedges for a zesty finish.



Enjoy this rich and flavorful stuffed salmon dish!

Prep time: 15 mins, Cooking time: 20 mins, Servings: 4, Kcal: 450 per serving.



## Save Our Fish Chapter

[www.saveourfish.org](http://www.saveourfish.org)

### 2025 MEMBERSHIP FORM

#### APPLICANT INFORMATION

Name:		Date:
Current address:		
City:	State:	ZIP Code:
Primary Phone (Home, Cell, Work <i>Please circle</i> ):		
Alternate Phone (Home, Cell, Work <i>Please circle</i> ):		
Email Address:		
Sponsor:		

#### MEMBERSHIP

Membership is for the 2025 calendar year. Dues paid through February 28, 2025 are at rates shown below, reduced by \$5.00. Dues paid after March 1, 2025 will be at the full annual rates shown below. Contact Rich Gregory at 253-209-0586 or [sof.psa@hotmail.com](mailto:sof.psa@hotmail.com) if you have any questions.

#### MEMBERSHIP SELECTION

<input type="checkbox"/> New Membership	<input type="checkbox"/> Membership Renewal
Adult: 18-61 – annual dues \$35	
Family: heads of household and all other family members younger than 18 – annual dues \$45	
Juvenile: 17 and younger – annual dues \$15	
Senior: 62 and older – annual dues \$25	

Please check appropriate membership selection above, complete form, and bring to meeting or mail with check to:

Save Our Fish  
 c/o Rich Gregory  
 12608 117<sup>th</sup> St Ct E  
 Puyallup, WA 98374

Cash  Check

Raf  Roster  TRN  Email